

Nottinghamshire Rifle Association

Postal competitions information pack



Version 1.1: Winter 2019-20

Please leave at the range and make available to club members so they can choose to take part in the NottsRA postal leagues.

If you have any questions please ask your club competition secretary, or the relevant contact at NottsRA.

Postal Competition General Information



Under NSRA rules one cannot shoot for more than one club in the same competition.

Averages are calculated from the preceding season from the best five scores achieved in rounds 2 to 7, and should be quoted as score made not points dropped and rounded to one decimal place, as NSRA rules.. This is referred to as the "Notts. average" and it enables averages to be determined in time for the entry dates for the following season. Where a competitor is new to league shooting, the Notts. average should be determined from five practice cards scored and certified by a club official.

The leagues run twice every year in two seasons. Summer season and Winter season. Some competitions have 10 rounds, some 7 rounds and one has 5 rounds. The completion date for respective rounds is the 3rd Monday of the month. Shot cards then need to be received by the relevant scorer by the following Saturday. If there will be a delay in cards arriving with the scorer for any reason then the scorer will need to be contacted to ask for an extension before the hand in date. It is at the scorer's discretion whether to allow and extension.

For Smallbore Target Rifle (competitions 101-105), leagues are divided into divisions based on team or individual averages to ensure that each division is truly competitive and all have a chance of winning their division. Juniors are scored on the Macrae Handicap system. Scoring is done by independent scorers. Team cards must be sent in by clubs as full rounds.

For other disciplines (201 and above) cards are scored by club scorers, with the results being sent on to the relevant discipline secretary. Some cards may be called in for random checking by the discipline Secretary during the course of the competition

Round results are distributed mainly by email or by post (if an SAE is provided).

Medals are awarded to the winners of each division and in the Club Teams of Four league to the top average in each division

Any questions about a specific competition should be directed at the relevant discipline secretary.

Number	Discipline	Competition Name
101	Smallbore TR	The Portland Cup
102	Smallbore TR	Postal teams of 4
103	Smallbore TR	Club Pairs
104	Smallbore TR	Veterans (formally Veterans individual)
105	Smallbore TR	Juniors (formally Juniors Individual)
201	LWSR	LWSR Prone Unsupported
202	LWSR	LWSR Standing Unsupported
301	Gallery	Underlever Centre Fire (open sights only)
302	Gallery	Underlever Centre Fire (optical sights only)
401	Benchrest	Benchrest TR (formally Benchrest individual)
402	Benchrest	Benchrest LWSR
403	Benchrest	Benchrest Bolt Action Rifle (formally bolt action rifle benchrest)
501	Pistol	Long Barrel Pistol Centre Fire (iron sights)
502	Pistol	Long Barrel Pistol Centre Fire (optical sights)
503	Pistol	Long Barrel Pistol Rim Fire (iron sights)
504	Pistol	Long Barrel Pistol Rim Fire (optical sights)
505	Pistol	Muzzle Loading Pistol (Formally Black Powder Pistol)
506	Pistol	10m Air Pistol
601	Air Rifle	Sporting Air Rifle

**COMPETITION 101 – The Portland Cup
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Target Rifle only using Aperture Sights
Position:	Prone – Slings and specialist clothing may be worn as described in section 8 of the NSRA rules and regulations
Team:	5 people per team. Teams do not have to be nominated at the time of entry. A club can enter as many teams as they like.
Course:	Knock out competition. 2 consecutive cards per person per round, 10 shots per card, 1 shot per diagram.
Timetable:	The timing of rounds will depend on the number of entries and will be sent out by the smallbore secretary once teams are entered.
Time:	No time limit per card
Substitutes:	Substitutes are allowed, but no one can shoot for more than one Portland cup team in a given season.
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	The winners receive the Portland Challenge Cup, which was presented to the Nottinghamshire Civilian and Miniature Rifle Association by His Grace the Duke of Portland KG (President) for the Champion Club of the Year. Each member of the winning team receives an engraved medal.

**COMPETITION 102 – Postal Teams of 4
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Target Rifle only using Aperture Sights
Position:	Prone – Slings and specialist clothing may be worn as described in section 8 of the NSRA rules and regulations
Team:	4 people per team. A club can enter as many teams as they like. Each team must be selected on the basis of their Notts Average (see general info) from the preceding season with the highest four averages being placed in the club's A team, the next four in the B team, and so on.
Course:	10 rounds, 1 card per person per round, 10 shots per card, 1 shot per diagram
Time:	No time limit per card
Substitutes:	Substitutes are allowed during the season in the event of a team member having to cease shooting; but the substitute may not have a higher average than the original team member, nor may the substitute have shot in the same round for another team.
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medals are awarded to the four members of the winning team and to the individual with the highest average in each division (to be awarded at AGM)

**COMPETITION 103 – Club Pairs
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Target Rifle only using Aperture Sights
Position:	Prone – Slings and specialist clothing may be worn as described in section 8 of the NSRA rules and regulations
Team:	2 people per pair. A club can enter as many pairs as they like. Shooters may choose with whom they wish to shoot.
Course:	10 rounds, 1 card per person per round, 10 shots per card, 1 shot per diagram
Time:	No time limit per card
Substitutes:	Substitutions are allowed before shooting round 1 provided that the team average is not improved. No substitutes are allowed once the league has started.
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medals are awarded to the two shooters of the winning pair in each division. (to be awarded at AGM)

**COMPETITION 104 – Veterans
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Target Rifle only using Aperture Sights
Position:	Prone – Slings and specialist clothing may be worn as described in section 8 of the NSRA rules and regulations
Entry:	This is an individual competition open to all shooters who are over fifty on 1st May for the summer season or on 1st November for the winter season
Course:	10 rounds, 1 card per person per round, 10 shots per card, 1 shot per diagram
Time:	No time limit per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 105– Juniors
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Target Rifle only using Aperture Sights
Position:	Prone – Slings and specialist clothing may be worn as described in section 8 of the NSRA rules and regulations
Entry:	This is an individual competition open to all shooters under the age of twenty-one on 1st May for the summer season or on 1st November for the winter season.
Course:	10 rounds in winter season, 5 rounds in summer season, 1 card per round, 10 shots per card, 1 shot per diagram
Time:	No time limit per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Scoring:	Each competitor starts with their Notts. average (obtained from practice cards if necessary). The first five rounds are scored using the Macrae Handicap system against each competitor's own average. The competitor with the lowest Handicap score is awarded one point, the next lowest two points, and so on up to the top score. After five rounds, each competitor will be given a new average based on the gun scores on the first five cards. Rounds six to ten will be scored on the Handicap basis against the new averages, points being awarded as for the first five rounds. The competitor with the highest number of points after round ten will be the winner. In the event of a tie in points then the competitor with the highest aggregate Macrae Handicap score will be the winner. In the summer season there are only five rounds to complete before the end of the academic year.
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 201 – LWSR Prone Unsupported
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Cartridge LWSR Rifles only (Semi Auto) (Does not include · 22 LR Single Shot Target Rifles) Rifles can be fitted with “Any Sights” Maximum weight of the rifle to be 4·5kg Magazine capacity to be 10 rounds maximum
Position:	Prone No specialist clothing to be worn e.g. jackets with straps, No support equipment to be used e.g. butt hooks, palm rests, slings, bipod
Course:	7 rounds, 2 cards per round, 10 shots per card, one shot per diagram
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor’s name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 202 – LWSR Standing Unsupported
(NSRA Rules and Regulations 2017)**



Targets: 25yards = PL15 (outward gauging)



(If your range is only 20 yards long then you can use the PL14)

Rifle:	<ul style="list-style-type: none"> · 22 LR Cartridge LWSR Rifles only (Semi Auto) (Does not include · 22 LR Single Shot Target Rifles) Rifles can be fitted with “Any Sights” Maximum weight of the rifle to be 4.5kg Magazine capacity to be 10 rounds maximum
Position:	<ul style="list-style-type: none"> Standing, from the shoulder, unsupported No specialist clothing to be worn e.g. jackets with straps No support equipment to be used e.g. butt hooks, palm rests, slings
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor’s name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 301 – Underlever Centrefire
(Open Sights Only)
(NRA GR&P Handbook 2019 Rules)**



Targets: 25yards = PL12 (inward gauging)



(If your range is only 20 yards long then you can use the PL15)

Rifle:	Any pistol calibre underlever carbine eligible (full bore, not rimfire)
Position:	Freestanding, unsupported
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 302 – Underlever Centrefire
(Optical Sights Only)
(NRA GR&P Handbook 2019 Rules)**



Targets: 25yards = PL12 (inward gauging)



(If your range is only 20 yards long then you can use the PL15)

Rifle:	Any pistol calibre underlever carbine eligible (full bore, not rimfire)
Position:	Freestanding, unsupported
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 401– Benchrest TR
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BR15-18 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BR-15)

Rifle:	· 22 LR Target Rifle with any sights
Position:	Bench Rest - The shooter must be seated at a table or bench, the rifle must only be supported on the rest at the fore-end. The rifle butt must be located in the shoulder and supported at the butt end by the shooter's hand and not resting on the bench or table.
The Rest:	The rest may be of any material that supports the fore-end of the rifle without controlling the rifle's position and it must not be fixed to the table or bench
The Seat:	The seat may be of height or design to suit the shooter
Course:	10 rounds, 1 card per person per round, 10 shots per card, 1 shot per diagram
Time:	No time limit per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 402– Benchrest LWSR
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BM/89 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BM/89)

Rifle:	· 22 LR Cartridge LWSR Rifles only (Semi Auto) (Does not include · 22 LR Single Shot Target Rifles) Rifles can be fitted with “Any Sights” Maximum weight of the rifle to be 4.5kg
Position:	Bench Rest - The shooter must be seated at a table or bench, the rifle must only be supported on the rest at the fore-end. The rifle butt must be located in the shoulder and supported at the butt end by the shooter’s hand and not resting on the bench or table.
The Rest:	The rest may be of any material that supports the fore-end of the rifle without controlling the rifle’s position and it must not be fixed to the table or bench
The Seat:	The seat may be of height or design to suit the shooter
Course:	7 rounds, 2 cards per round, 10 shots per card, one shot per diagram
Time:	No time limit per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor’s name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 403– Benchrest Bolt Action Rifle
(NSRA Rules and Regulations 2017)**



Targets: 25yards = 2510BR15-18 (outward gauging)



(If your range is only 20 yards long then you can use the 2010BR-15)

Rifle:	· 22 Bolt Action Rifle with any sights (excludes self-loading rifles) NO TARGET RIFLES Maximum weight of the rifle to be 4· 5kg
Position:	Bench Rest - The shooter must be seated at a table or bench, the rifle must only be supported on the rest at the fore-end. The rifle butt must be located in the shoulder and supported at the butt end by the shooter's hand and not resting on the bench or table.
The Rest:	The rest may be of any material that supports the fore-end of the rifle without controlling the rifle's position and it must not be fixed to the table or bench
The Seat:	The seat may be of height or design to suit the shooter
Course:	7 rounds, 2 cards per round, 10 shots per card, one shot per diagram
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 501 – Long Barrelled Pistol
Centrefire (Iron Sights only)
(NSRA Rules and Regulations 2017)**



Targets: 20yards = PL12 (inward gauging)



Pistol/Revolver:	Centrefire Long-barrelled revolver
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 502 – Long Barrelled Pistol
Centrefire (Optical Sights only)
(NSRA Rules and Regulations 2017)**



Targets: 20yards = PL12 (inward gauging)



Pistol/Revolver:	Centrefire Long-barrelled revolver
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 503 – Long Barrelled Pistol
Rimfire (Iron Sights only)
(NSRA Rules and Regulations 2017)**



Targets: 20yards = PL12 (inward gauging)



Pistol/Revolver:	Rimfire Long-barrelled pistol
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

**COMPETITION 504 – Long Barrelled Pistol
Rimfire (Optical Sights only)
(NSRA Rules and Regulations 2017)**



Targets: 20yards = PL12 (inward gauging)



Pistol/Revolver:	Rimfire Long-barrelled pistol
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

COMPETITION 505 – Muzzle Loading Pistol

(NSRA Rules and Regulations 2017)



Targets: 25yards = PL7 (inward gauging)



(If your range is only 20 yards long then you can use the PL12)

Pistol/Revolver:	Muzzle loading pistol
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

COMPETITION 506 – 10m Air Pistol
(NSRA Rules and Regulations 2017)



Targets: 10m = Air 4/89 (inward gauging)



Pistol/Revolver:	Any single or multi-shot .177 (4.5mm) Air / CO2 pistol maybe used. Minimum Trigger weight 500g
Position:	Freestanding, unsupported Two handed grip allowed (amendment to NSRA Rule 9.4.1)
Course:	7 rounds, 6 cards per round, 5 shots per card
Time:	5 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

COMPETITION 601 – Sporting Air Rifle
(NSRA Rules and Regulations 2017)



Targets: 20yards = PL15 (inward gauging)



Rifle	Air Rifle, any sights
Position:	Freestanding, unsupported
Course:	7 rounds, 2 cards per round, 10 shots per card
Time:	10 minutes per card
Witness:	All cards must be witnessed and dated in accordance with NSRA Rules and regulations, and each card must be signed by the competitor. Competitor's name must be shown in BLOCK CAPITALS
Award:	Medal for winner of each division (to be awarded at AGM)

Postal Competition General Timing



Winter League-

Entries open 3rd Monday in August

Entries in to club competition secretary by 3rd Monday in September

Cards out early October (by 3rd Monday in October at latest)

10 round leagues

1&2 by 3rd Mon in Nov

3&4 by 3rd Mon in Dec

5&6 by 3rd Mon in Jan

7&8 by 3rd Mon in Feb

9&10 by 3rd Mon in March

7 round leagues

1&2 by 3rd Mon in Nov

3&4 by 3rd Mon in Jan

5,6&7 by 3rd Mon in March

Results aimed to be out by 1st Monday of following month.

Summer League-

Entries open 3rd Mon in Feb

Entries in to club competition secretary by 3rd Mon in March

Cards out early April (by 3rd Mon in April at latest)

10 round leagues

1&2 by 3rd Mon in May

3&4 by 3rd Mon in June

5&6 by 3rd Mon in July

7&8 by 3rd Mon in Aug

9&10 by 3rd Mon in Sept

7 round leagues

1&2 by 3rd Mon in May

3&4 by 3rd Mon in July

5,6&7 by 3rd Mon in Sept

5 round Leagues

1&2 by 3rd Mon in May

3&4 by 3rd Mon in June

5 by 3rd Mon in July

Results aimed to be out by 1st Monday of following month.